

HEALTH PLANNING REGIONAL LHRC

Approved Minutes

Monday October 20, 2025

1:00pm

The Norfolk Community Service Board

7447 Central Business Park Dr,

Norfolk Virginia 23513

<https://teams.microsoft.com/meet/2572483913665?p=4vZHIXzIJAOjVWzp4V>

MEMBERS PRESENT:

Michelle Logan – Member

Emily Bebbber – Member

Laurie Robins – Member

Melani Rhodes – Member

Ericka Palmer – Member

MEMBERS ABSENT:

None

OTHERS PRESENT:

Latoya Wilborne – Regional Human Rights Manager, DBHDS Region 5

Corie Reed – Human Rights Advocate, DBHDS Region 5

Jennifer Anglin - Human Rights Advocate, DBHDS Region 5

Miracle Reed-Thompson – Human Rights Advocate, DBHDS Region 5

Dana Gillentine-Kempsville Center for Behavioral Health

Brandon Murrer-Harbor Point Behavioral Health Center

Vivian Williams- Colonial Behavioral Health

JC Bywater- Colonial Behavioral Health (Father of Individual)

Hyunsuk Bywater – Colonial Behavioral Health (Mother of Individual)

CALL TO ORDER:

Michelle Logan – Acting Chairperson called the meeting to order at 1:03pm

ROLL CALL/ATTENDANCE:

Those in attendance made introductions. Chair welcomes attendees.

APPROVAL OF AGENDA:

Motion to approve the agenda was made by Emily Bebbber and seconded by Michelle Logan.

Motion carried.

APPROVAL OF MINUTES:

Motion to approve the previous minutes for August 4, 2025 was made by Michelle Logan and seconded by Emily Bebbber. Motion carried.

PUBLIC COMMENTS:

None.

CHAIR ANNOUNCEMENTS:

None.

ADVOCATE REPORT AND TRAINING:

Abuse and Neglect Allegations	
April 1, 2025 – June 30, 2025	July 1, 2025 – September 30, 2025
542	Total Reports: 595 (increase of 53 cases)
Substantiated= 43	Substantiated: 87
Complaints	
April 1, 2025 – June 30, 2025	July 1, 2025 – September 30, 2025
78	Total Reports: 129 (Increase of 51 cases)
Substantiated = 9	Substantiated: 7

Variances**Region 5 continues to have 10 active Variances:**

12VAC35-115-50 (7) Communication via telephone: 3

12VAC35-115-50 (8) Visitation: 4

12VAC35-115-100 Restriction on Everyday Freedom: 1

12VAC35-115-100 (A)(1) and (110) Time Out: 1

12VAC35-115-100 (A)(1)(g) Use of Vending Machines: 1

Updates

- Our office continues recruitment effort for members to join our LHRC'S. We currently have 3 Local Human Rights Committees for the community in Region 5
 - Health Planning Region 5 which meets at the Norfolk Community Service Board quarterly on the 3rd Monday @ 1:00pm
 - Southeastern Regional LHRC which meets at the James Barry Robinson Institute quarterly every third Wednesday @9:30 am
 - Southeast Alliance LHRC which meets at the Riverside Mental Health & Recovery Center quarterly on the 3rd Tuesday @ 12:00pm

So if you know anyone that is interested in serving please have them reach out to anyone on our team and we can go over the recruitment process and assist with completing the application if necessary.
- Health Planning Region 5 welcome 3 new members Laura Robins fulfilling the role of a Professional, Ericka Palmer fulfilling the role of a Professional and Melani Rhodes fulfilling the role of a Healthcare Provider. Welcome to the team!
- OHR was featured on a recent “Conversations with the Commissioner” episode. The team members who represented who we are and what we do were Andrea Milhouse (R4 Manager), Alonzo Riggins (Training and Development Coordinator), Artea Ambrose

(Senior Human Rights Advocate), Jennifer Kovack (Associate Director, Community Operations), and Riley Curran (WSH/CCCA Human Rights Advocate)

- OHR Region 1 is hosting the next OHR All-Staff meeting later this month in Winchester, Virginia. Advocates and leadership from across the state will be in attendance for this annual gathering.
- OHR Region 1 will be hosting the October 2025, SHRC meeting at Timber Ridge School in Cross Junction, Virginia.
- *The most recent LHRC New Member Orientation was held in September, 2025. Please reach out to an advocate in R5 if you are new to the committee and have not participated in this orientation process as new orientation sessions are scheduled regularly.*

- **Upcoming Events**

The Office of Human Rights continues to offer free training to community providers that you can register for by visiting the OHR website. Our next New Provider Orientation for this quarter is scheduled for October 22 and November 26. There is currently no orientation scheduled for December at this time. Our Community Provider Trainings for this quarterly are:

Investigating Abuse, Neglect and Exploitation: December 11th 9am - Noon

Overview of the Human Rights Regulations: November 13th 9am – Noon

Reporting in CHRIS November 6th 9am - Noon

Restrictions, Behavioral Treatment Plans and Restraints November 20th 9am - Noon

Upcoming 2025 SHRC Meetings

The State Human Rights Committee continues to meet monthly with their next scheduled meeting on October 23 at Timber Ridge School in Cross Junction, Virginia (Region 1) and December 11 in Williamsburg. The location has not been determined as we are currently searching for a provider to host this meeting. If you are interested in attending, please let your advocate know and arrangements will be made for you.

Training:

1. Dignity

OLD BUSINESS:

Kempsville Behavioral Health Center- Variance Quarterly Update
Dana Gillentine-Dana presented for quarter three.

- Timeout- (Use of Unit Restriction Policy) (Quarter 3)
 - 2 incidents for same individual. 8/5/2025 for 1 male resident due to attempted elopement. The order was reviewed every 24hrs by physician and discontinued at 72 hrs. 8/29/2025 for 1 male resident due to threats of elopement and harm to staff. The order was reviewed at 24hrs by physician and discontinued.

- 0 complaints
- Telephone/Visitation-
 - 0 complaints or violations
- Vending Machines-
 - 0 complaints or violations

Harbor Point Behavioral Health Center –Variance Quarterly Update

Brandon Murrer- Brandon presented for quarter three.

- Restrictions on Freedoms of Everyday Life
 - No complaints or grievances.
 - Average level for the building was 3 of 5

New Business

Proposed 2026 Dates:

Monday January 26, 2026

Monday April 20, 2026

Monday July 20, 2026

Monday October 19, 2026

The 2026 schedule was motioned to be approved by Michelle Logan and seconded by Emily Bebbber and unanimously approved by the committee members.

ELECTION OF OFFICERS:

Motion made by Michelle Logan, seconded by Emily Bebbber and unanimously approved by the committee members to approve the following appointments through December 2026

- Michelle Logan will serve as Chair
- Emily Bebbber will serve as Co-Chair
- Erika Palmer will serve as Secretary

CLOSED SESSION:

Motion was made by Michelle Logan and seconded by Emily Bebbber at 1:28pm that the HPR5 LHRC will go into closed session pursuant to VA code 2.2-3711 (A), for the purpose of discussing confidential information lawfully exempt from public disclosure review to discuss Restrictions of Everyday Freedom.

RETURN TO OPEN SESSION:

The committee reconvened in open session at 2:17pm by unanimous vote on a motion by Michelle Logan and seconded by Melanie Rhodes. Each member certified that, to the best

of each of their knowledge, only private business matters, lawfully exempted from the statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session, namely for the purposes to discuss Restrictions of Everyday Freedom.

Recommendation: **Motion made by Michelle Logan, seconded by Ms. Emily Bebber and unanimously approved by the committee members as follows:**

- 1.) Removal of lock on door, removal of reflective items in bedroom, & removal of items (cell phone and watch) during sleep hours was approved by the LHRC for JB. **LHRC recommended that the provider return with quarterly updates to discuss implementation. LHRC also requests that provider provide the following updates:**
 - a. Provide revised copy of treatment plan to include how staff will support individual JB with restrictions put in place.
 - b. Provider create protocol stating when, how, where, & who? To ensure all staff understand restriction.
 - i. When will restriction be in place? Time?
 - ii. How will individual be alerted someone is entering his room?
How will his items in room remain safe from other peers that don't restrict his own access?
 - iii. Where would his items be during restriction?
 - iv. Who will have access to items while not in individual possession?

MEETING ADJOURNED

Next Meeting Date – Monday January 26, 2026 (Norfolk Community Service Board 7447 Central Business Park Dr., Norfolk Virginia 23513). Hearing no business, Emily Bebber adjourned the meeting at 2:28p.